

# SADDLEBACK HIGH SCHOOL MENU

SEPTEMBER - NOVEMBER

WEEK 1

9/8, 9/22, 10/6, 10/20,  
11/3, 11/17



## WEDNESDAY

### BREAKFAST

OAT MUFFIN   
TAMALE W/ RED SAUCE

### LUNCH

SPICY CHICKEN SANDWICH  
CHICKEN CHOW MEIN BOWL 

 = HOMEMADE ELEMENTS

*Offered Daily*

**BREAKFAST:**  
ASSORTED FRUIT, AND  
ASSORTED MILK

**LUNCH:**  
ASSORTED FRUIT AND  
VEGGIES, AND  
ASSORTED MILK

## Plant-Based Offered Daily

Bean Burrito w/ Salsa, Homemade  
Peanut Butter & Jelly, Vegan  
Concha, Garden Salad



Full Entree Salad Bar  
Offered Daily as an  
Additional Lunch Option



TUESDAYS AFTER A HOLIDAY WILL FOLLOW  
MONDAY MENU

## TUESDAY

### BREAKFAST

BERRY SMOOTHIE   
CHILAQUILES VERDES 

### LUNCH

CHILE VERDE CON ARROZ   
DELUXE HAM SANDWICH 

## MONDAY

### BREAKFAST

BERRY SMOOTHIE   
HUEVO CON CHORIZO BURRITO  
PAN DULCE 

### LUNCH

BEEF NACHOS  
BEAN & CHEESE BURRITO 

## THURSDAY

### BREAKFAST

BERRY SMOOTHIE   
CINNAMON ROLL 

### LUNCH

BIRRIA PLATE  
GRILLED SANDWICHES 

## FRIDAY

### BREAKFAST

BERRY SMOOTHIE   
BISCUIT CHICKEN SANDWICH 

### LUNCH

PAN PIZZA W/ MARINARA   
TURKEY,  
CHEESE & VEGGIE SUB 

\*ALLOWABLE 2ND ITEMS  
DENOTED IN BLACK FONT

Menu  
Updates

click here



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# SADDLEBACK HIGH SCHOOL MENU

SEPTEMBER - NOVEMBER

WEEK 2

9/2, 9/15, 9/29,  
10/13, 10/27, 11/10



## WEDNESDAY

### BREAKFAST

TAMALE IN RED SAUCE  
OAT MUFFIN

### LUNCH

BBQ CHICKEN SALAD  
SPICY CHICKEN SANDWICH

## MONDAY

### BREAKFAST

YOGURT PARFAIT  
HUEVO CON CHORIZO BURRITO  
PAN DULCE

### LUNCH

ZESTY CHICKEN BOWL  
TAMALE W/ SALSA

## TUESDAY

### BREAKFAST

YOGURT PARFAIT  
CHILAQUILES VERDES

### LUNCH

CARNITAS PLATE  
DELUXE HAM SANDWICH

## THURSDAY

### BREAKFAST

YOGURT PARFAIT  
CINNAMON ROLL

### LUNCH

BIRRIA NACHOS  
GRILLED SANDWICHES

## FRIDAY

### BREAKFAST

YOGURT PARFAIT  
BANANA BREAD

### LUNCH

PAN PIZZA W/ MARINARA  
TURKEY,  
CHEESE & VEGGIE SUB

= HOMEMADE ELEMENTS

\*ALLOWABLE 2ND ITEMS  
DENOTED IN BLACK FONT

*Offered Daily*

**BREAKFAST:**  
ASSORTED FRUIT, AND  
ASSORTED MILK

**LUNCH:**  
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VEGGIES, AND  
ASSORTED MILK

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Peanut Butter & Jelly, Vegan  
Concha, Garden Salad



Full Entree Salad Bar  
Offered Daily as an  
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